

# DANCE FOUNDRY

#### Mission

Dance foundry's mission is to instill with consistency and accountability an exemplary dance foundation with in a safe and friendly environment. In addition, we will provide creative performing opportunities for our aspiring young dancers, encouraging artistic growth and a comprehensive dance education.

## ROYAL ACADEMY OF

#### **Royal Academy of Dance Syllabus**

The Royal Academy of Dance is one of the world's most influential dance education and training organizations. It promotes the knowledge, understanding and practice of dance internationally by educating and training teachers. The graded syllabus is continually revised to meet the standards of the industry and provides an excellent foundation for both the recreational dancer and those seeking a professional career. Because our instructors are registered teachers with the RAD, our students will have the opportunity to participate in annual RAD examinations and assessments designed to motivate and encourage students of all ages and levels of ability, through a systematic measurement of progress and attainment.

**Boys Class:** This class focuses on work that is unique to boys in the traditional ballet class, emphasizing specific port de bras, turns and allegro. The structure of the class will engage the students with higher demands for physical activity.

**Primary:** The primary level class is an introductory class designed to develop the student's physical skills, stamina, creativity, expression, musicality and enjoyment of dance through a range of musical styles and movement. It is for the young dancer to help transition into our RAD program or into other dance genres.

**Grade 1**: Uses imaginative ways to encourage a love of dance while introducing the structure of a traditional ballet class. Building upon the work learned in Primary, we focus on, use of ballet terminology, body placement and correct technique.

**Grade 2:** Introduce more complicated combinations and dances, encouraging a sense of movement and coordination. Continues to focus on technique, terminology, musicality, creativity, and flexibility. Character is also introduced at the end of each class to encourage rhythm and other styles of dance.

**Grade 3:** At this level, the students have gained a good understanding of body awareness, movement, rhythm, class protocol and are ready to begin focusing on the concept of turn out and proper alignment at the barre. The combinations and dances in center become more complicated, continuing to build on dance vocabulary.

**Grade 4:** Students at this level are required to have an understanding of body posture, alignment and spatial awareness. Combinations at the barre are now taken one handed and require greater flexibility. Students continue to be exposed to new steps, dances and character work. Musicality and performance quality are encouraged through out the work.

**Grade 5:** Focuses on all of the previous goals introducing harder vocabulary, challenging rhythms and choreography of dances. By grade 5 level we have introduced adage work, allegro work and pirouettes.



**Grade 6:** Considered the beginning of our upper grades. The combinations are longer, designed with many changes of direction and focus on the romantic style of dance, introducing our students to dance history. Free movement and Character dance are also part of this level. The emphasis at this level is on quality of performance and artistry.

**Grade 7:** A continuation of the upper grades and focuses on technique and performance quality. It is still romantic in style and the difficulty of the work increases. Free movement and Character work are included in this level

**Grade 8:** The final level of the children's syllabus. The students are expected to have a strong understanding of ballet technique, free movement and character. The class continues to focus the development of the dancer as an artist with a strong foundation in classical dance.

#### **Vocational grades**

**Intermediate Foundation:** This class is the introductory level of the vocational grades and is designed for the committed student. It focuses on ballet technique, introduces point work to examinations and prepares students for the Intermediate vocational level.

**Intermediate:** This class is designed for the serious ballet student. The class focuses on ballet technique, flexibility, musicality, performance quality, pointe work, and terminology and is a requirement for our students to begin our pre professional track.

**Advanced Foundation:** Utilizes the foundation built in the intermediate level. It encourages stamina, ability to turn, allegro, adage and pointe work. This level requires a high standard of commitment and technical ability.

**Advanced I**: Requires a higher level of technical ability and continues to encourage the tools needed for the overall professional dancer. This class requires correct technique, flexibility, stamina, and strength on pointe and performance quality.

**Advanced 2:** This class is considered a pre professional level and requires the highest of commitment in our school in order to participate.



#### Classes

#### Primary

Mondays 4:00- 4:45pm Teacher: Jennilee Garcia Age Group: 6-8 years' old Skill Level: None

#### Grade 1

Tuesdays 4:00- 5:00pm Teacher: Jennilee Garcia Age Group: 7- 9 years' old Skill Level: Creative Movement or Primary

#### Grade 2- 1st year

Wednesdays 5:00-6:00pm Thursdays 4:00- 5:00pm Teacher: Jennilee Garcia Age Group: 8-10 years' old Skill Level: Grade 1

#### Grade 2- 2nd year

Tuesdays 4:15- 5:15pm Thursdays 5:00- 6:00pm Teacher: Jennilee Garcia & Kelly Oakes Dent Age Group: 9- 11 years' old Skill Level: Grade 2

#### Grade 3

Mondays 4:00- 5:00pm Wednesdays 4:00- 5:00pm Teacher: Jennilee Garcia & Kelly Oakes Dent Age Group: 9- 11 years' old Skill Level: Grade 2- 2nd year

#### Grade 5

Mondays 4:45- 6:00pm Wednesdays 5:00- 6:15pm Teacher: Jennilee Garcia & Kelly Oakes Dent Age Group: 11- 13 years' old Skill Level: Grade 4

#### Grade 6

Tuesdays 5:15- 6:45pm Thursdays 5:00- 6:30pm Teacher: Kelly Oakes Dent & Jennilee Garcia Age Group: 12- 14 years' old Skill Level: Grade 5



#### Grade 7/ Intermediate

Mondays 7:15- 8:45pm Wednesdays 7:15- 8:45pm Teacher: Jennilee Garcia & Kelly Oakes Dent Age Group: 14- 17 years' old Skill Level: Grade 7 or Intermediate

#### Advanced 1/2

Tuesdays 6:00- 7:30pm Wednesdays 6:00- 7:30pm Thursdays 6:00- 7:30pm Teacher: Kelly Oakes Dent & Jennilee Garcia Age Group: 14- 16 years' old Skill Level: Advanced Foundation

#### **RAD Coaching Classes**

Grade 2 Grade 3 Grade 5 Grade 6 Grade 7 Interm.Found Boys Intermediate Advanced 1 Advanced 2 Friday 4:15- 5:00pm Friday 4:15-5:00pm Friday 5:00-5:45pm 5:00-5:45pm Friday Saturday 9:00-10:00am 5:45-6:45pm Friday 5:45-6:45pm Friday Friday 6:45-7:45pm Monday 6:00-7:30pm 6:45-7:45pm Friday





**Pre/Beginning Pointe:** For the committed ballet student who has mastered a high standard of training with 3 ballet classes/week and has an understanding of body posture, strong technique and correct alignment of the ankles. The student must be evaluated and given permission by instructor to enroll in this class. Exercises will focus on strengthening of the ankles and feet at the barre and some center work.



#### **Pre/Beginning Pointe**

Tuesdays 6:45- 7:30pm Teacher: Kelly Oakes Dent Age Group: 11- 13 years' old Skill Level: Grade 5

#### **Creative Movement**

Tuesdays 3:00- 3:45pm Thursdays 4:15- 5:00pm Saturdays 9:15-10:00am Teacher: Danielle Pyle, Kelly Oakes Dent & Jennilee Garcia Age Group: 4-5 years' old Skill Level: None

**Stretch & Condition** Saturdays 10:00- 11:00am Teacher: Jennilee Garcia Age Group: 12 and up Skill Level: Grade 6 and up

**Creative Movement:** This class is designed for our youngest dancers. Creative movement will encourage imagination, creativity, self- discipline and self-confidence, while focusing on motor skills, spatial awareness, flexibility, rhythm and basic dance steps.

**Stretch & Condition:** A class that complements the training of a dancer. Students will strengthen their bodies through cardiovascular exercises, strength exercises, core work, and stretching and they will gain a better understanding of their anatomy and decrease injuries related to dance.





#### Jazz

Jazz dance combines techniques of classical ballet and modern dance with the current forms of popular dance. Emphasis is on the importance of energy, rhythmical accuracy, and style. The classes will develop various styles of jazz: Musical Theater, Street, Latin, Contemporary in order to develop a well-rounded dancer. Class includes a proper warm-up, stretches, isolations, across-the- floor progressions, and combinations.

#### Тар

Tap classes are designed to develop rhythm, style and sound. The exercises focus on building flexibility of the knee and ankles, coordination, and speed of movement. Working on developing proper tap technique and producing clear tap sounds.

#### Modern

Students will learn the basics of a release-based modern technique. Classes integrate various traditional disciplines of modern dance foundations with current contemporary styles. Classes focus on core integration, spinal awareness and some improvisation can be introduced. Non-traditional partnering of weight-sharing techniques will be introduced dependent on level.



#### Jazz 2

Tuesdays 5:00- 6:00pm Teacher: Jennilee Garcia Age Group: 9- 11 years' old Skill Level: None

#### Jazz 3

Wednesdays 6:15- 7:15pm Teacher: Jennilee Garcia Age Group: 11- 13 years' old Skill Level: Jazz 2/Teacher Permission

#### Jazz 4

Tuesdays 7:30- 9:00pm Teacher: Jennilee Garcia Age Group: 14- 17 years' old Skill Level: Jazz 3/Teacher Permission

#### **Beginning Tap**

Wednesdays 4:00- 5:00pm Teacher: Kelly Oakes Dent Age Group: 8- 12 years' old Skill Level: None

#### Modern 2

Mondays 5:00- 6:00pm Teacher: Rebekah Pleasant Age Group: 9- 11 years' old Skill Level: None

#### Modern 3

Mondays 6:00- 7:15pm Teacher: Rebekah Pleasant Age Group: 11- 13 years' old Skill Level: Modern 2/Teacher Permission

#### Modern 4

Wednesdays 7:30- 9:00pm Teacher: Bella Dorado Age Group: 14- 17 years' old Skill Level: Modern 3/Teacher Permission





Pricing	for	Youth	<b>Programs:</b>	
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	Monthly	Annual
1 hour/week-	\$69	\$690
2 hours/week-	\$114	\$1,140
2.75 hours/week-	\$141.20	\$1,412
3 hours/week-	\$150	\$1,500
3.5 hours/week-	\$166.20	\$1,662
4 hours/week-	\$186.70	\$1,867
4.5 hours/week-	\$203.80	\$2,038
5 hours/week-	\$215.50	\$2,155
5.5 hours/week-	\$230.35	\$2,303.50
6 hours/week-	\$244.30	\$2,443
6.5 hours/week-	\$257.35	\$2,573.50
7 hours/week-	\$269.50	\$2,695
7.5 hours/week-	\$280.75	\$2,807.50
8 hours/week-	\$291.10	\$2,911
8.5 hours +/week	\$292.90	\$2,929

Prices are based on 1 student. You may not combine hours between children. Siblings get a 10% discount.

#### **ADULT CLASSES**

#### Adult Ballet

Tuesdays 7:30pm- 8:30pm Wednesdays 10:00- 11:00am Teacher: Kelly Oakes Dent Age Group: 18 and up

#### **Barre Conditioning**

Mondays 11:30- 12:30pm Teacher: Jennilee Garcia Age Group:18 and up

#### **Pricing for Adults**

Walk-ins - \$15 Class Card - \$130 for 10 classes





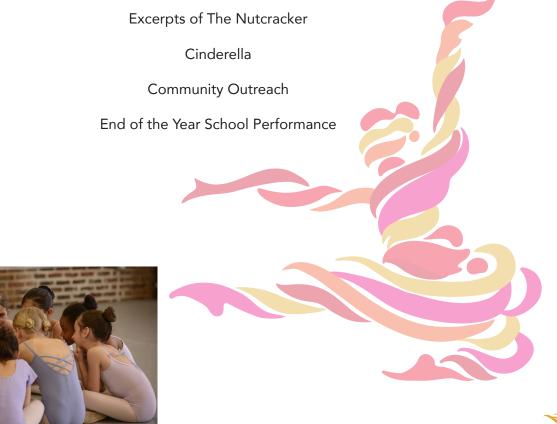
### DANCE FOUNDRY

4/5 Division Fees - \$350		
Junior Division Fees - \$350		
Senior Division Fees - \$350		
The Nutcracker Guests - \$125		
Cinderella Guests - \$125		

#### **Dance Foundry Performing Company**

Our student dance company creates an encouraging atmosphere for teamwork, creativity and professionalism. Dance Foundry Performing Company is divided into a 4/5, Senior and Junior division as well as Guests. Admittance for our 4/5, Senior and Junior divisions are by audition, based on technical ability, history of the student's commitment level and effort in class.

#### Performance Opportunities Include:





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